

Exploration of Bath Challenge



We created this challenge pack to help raise money for my Queen's Guide Award Exploration of Bath. Any further money raised will be placed in a special fund to help other Queen's Guide

Candidates fund their own Explorations and Expeditions.

The pack has been designed to be suitable for all sections, we have created different variations of each activity for each section based on our knowledge of the various age groups but of course you know your girls and their capabilities best, they are ultimately just suggestions.

Every section of the badge is connected to Bath in some way, we hope that finding those connections will be part of the fun for the girls and make them more aware of the many incredible things Bath has to offer.

To complete the badge, please complete one challenge from every section plus extra's as follows:

Rainbows: One Extra Challenge

Brownies: Two Extra Challenges

Guides: Three Extra Challenges

Senior Section: Four Extra Challenges

We hope you enjoy completing the challenges as much as we enjoyed creating them.

Order Form

Thank you for completing our challenge pack, we hope you enjoyed it.

The badges are woven with a fleece backing for sewing onto blankets and are approximately 3 inches, a standard size for Girlguiding badges.

Please make cheque's payable to:
'2nd Heathfield Brownies'

Please return the order form to:
Steph Shaw
26 Newnham Way
Heathfield
East Sussex
TN21 8DA



2018/09/20

Contact Name	
Unit Name	
Email Address	
Postal Address including Postcode	

Number of Badges @ £1 Each	
Postage & Packaging Up to 25 Badges £1.50 26+ Badges £2.00	
Total	

Literature

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Make up a short story:	Sit the girls in a circle. One girl starts with a word and then the girl next to her says another word and they go on to make a story.	Make a small booklet with blank squares for pictures. The girls must make up their own storybook.	Who can write the best story? In patrols, write a 500-word story and read it/perform it to the rest of the group. Leaders pick the best.	Write a short play and make props. The play should target a current issue such as bullying, body image, mental health awareness etc.
Make up a poem:	Get the girls to play word association, but the word must rhyme with the previous word. (The girls can make up words as long as they rhyme!)	Place some everyday items on a table. Ask the girls to pick one and write a poem dedicated to that item.	Print off a selection of 5-10 poems. Ask the girls to cut each line and then make up their own poem about themselves with the cut lines.	Look into "slam poetry" and give it a go. It could be about any social issue the girls want to "slam".
Paper Art	Cut up pages of an old book into words/phrases. Get the girls to decoupage the words/phrases onto an object (i.e. a frame, a keyring etc)	Cut out 4 cardboard hearts. Ask the girls to decoupage cut up words/phrases onto one side of each heart. Fold the hearts in half, put the ribbon in the middle and stick all halves together.	Every Guide should bring in an old book they no longer want. The girls can then make craft out of it. Whether that's brooches, a poster, or a photo/letter holder.	Every Senior Section member should bring in an old book they no longer want. The girls can then make craft out of it. Whether that's brooches, a poster, or a photo/letter holder.
Act out a classic scene	Watch a film adaptation of Northanger Abbey by Jane Austen and act out a scene	Read and act out a scene from Jane Austen's Northanger Abbey	Read a book by either Jane Austen or Georgette Heyer and act out a scene	Read a book by either Jane Austen or Georgette Heyer and act out a scene
Book-marks	Create a bookmark about your favourite book	Create a bookmark with two books that have scenes in Bath	Create a bookmark with 5 books that have scenes in Bath	Create a bookmark with 5 books that have scenes in Bath

Stargazing

Herschel discovered Uranus in Bath

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Find a constellation (if dark enough)	Go outside with your leader and try to find the Big and Small Dipper.	Go outside with your leader and try to find a constellation that is not the Big or Small Dipper.	Go outside in your patrols and record all the different constellations you can find, then draw a map to show where they are.	Go outside and draw a rough map of all the constellations you can see. Come back inside and replicate your map on a large black circle with marshmallows and spaghetti.
Make your own constellation	Recreate constellations using mini marshmallows and cocktail sticks.	In groups recreate constellations using your bodies.	Use nail art to create a pre-existing constellation on some wood. (The wood can be painted black and use silver/white thread).	Use nail art to create at least 3 pre-existing constellations. (The wood can be painted black and use silver/white thread).
Make a solar system	Have an 'Out of this world' party. Dress up as aliens from different planets and bring some 'alien' themed snacks. Have a massive diagram of the solar system and get the girls to add their own planets to the picture.	Papier-mâché a balloon and get the girls to decorate their own planet. They should come up with a name for their planet and create an alien race that lives on their planet.	Make a presentation about the solar system. The girls can make a structure of it or they can make a detailed poster. Each group must have three facts about each planet.	Make a structure of the solar system from papier-mâché, balloons and paint. Each planet should reflect the different sizes of the planets in correlation to the sun. (Sweets can be put inside the planets if at the end they would like to use them as piñatas).

Roman Baths

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Spa Time!	Play guess the scent! Have about 10 different scents that the Rainbows have to try and guess.	Make bath bombs!	Make a face mask to try on! (Check allergies)	Make some Mocktails to enjoy whilst you dip your toes in some scented warm water.
Swimming	Go swimming!	Go swimming!	Go swimming!	Go swimming!
Water Fun	Go outside and hold a relay race to see which team can transport a bucket full of water the fastest using only a cup with a hole in it.	Offer the girls a selection of materials to create a mechanism that will transport water 5 metres. They cannot move the container the water is originally in.	Each patrol should make a boat and race them. There should be obstacles in the water and the occasional whirlpool to make it harder.	Try to make a miniature Roman spa out of a variety of materials and candles. Can you get your water to heat up?

Architecture

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Build a castle!	Make a castle out of Lego or building blocks.	Make a miniature castle out of paper/card and decorate it.	In your patrols, make a castle out of clay and decorate it.	Using a variety of materials, build a castle big enough for your group to fit into. The castle should be strong enough to withstand an attack from a rival castle.
Decorate a house	Using a catalogue, cut out furniture and create your ideal room.	Using a catalogue, cut out furniture and create your ideal house.	Decorate a cardboard box with small sculptures you have made from plasticine.	Try creating a sculpture. Build an armature (supporting frame) and then add plasticine. Then sculpt in the details.
Designer	Draw a brand new building that you would like in your town. What does it do?	Draw a brand new building that you would like in your town. What is it's use to the community? Who will visit it?	Design a town. It should all have similar architecture. Discuss with your unit why it is the best town.	Design a town in which you are the mayor. Play a game which tests your towns ability to withstand disaster.
Structural Engineer	Build a blanket fort	Build a cardboard fort that stays up for at least an hour	Recreate the famous Pultney bridge out of spaghetti	Recreate the famous Pultney bridge out of spaghetti

Baking

Mary Berry was born in Bath

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Cake Decorating	Decorate 4 rich tea biscuits and display them.	Decorate 4 cakes with 2 different kinds of icing.	Decorate a large circle cake to suit a theme of your Leader's choice.	Create a cake masterpiece! It should be different in shape and decoration to conventional cakes.
Baking	Bake some biscuits and use cutters to cut them into different shapes.	Experiment with flavours and bake a batch of cookies in your six.	Experiment with flavours and bake a batch of cupcakes in your patrol.	Create a new flavour of cake that works and share it with your unit.
Tasting	Guess the flavour of 3 different types of cake.	Taste the price difference. Taste a cheap, medium and expensive priced biscuit and say which one you prefer.	Taste different cupcakes and guess which original ingredient is missing.	Taste cakes from different cultures and try to guess where they may come from.

Romans

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
Roman architecture	Create a mosaic from cut-outs	Create a small tiled mosaic with a clear pattern	Create a Roman Villa - BBC instructions at the end	Create a Roman Villa. Include some cut-away rooms with Roman mosaics and wall paintings - BBC instructions at end
Roman Ornaments	Create a serpent bracelet - instructions at end	Make a Roman shield and helmet	Make a Roman oil lamp - instructions at end	Make and decorate a Roman oil lamp - instructions at end
Visit a Roman site/ruin	Visit a local Roman site/ruin	Visit a local Roman site/ruin	Visit a local Roman site/ruin	Visit a local Roman site/ruin
Roman Food	Bake and enjoy Roman honey cakes	Bake and enjoy Roman honey cakes	Bake Roman honey cakes and enjoy them at a Roman festival	Bake Roman honey cakes and enjoy them at a Roman festival

Ethiopia

*Fairfield House in Bath was home to
'His Imperial Majesty Haile Selassie I, Emperor of Ethiopia'*

Activity:	Rainbow:	Brownie:	Guide:	Senior Section:
His Imperial Majesty Haile Selassie I	Find out who Haile Selassie I was and how he's connected to Bath	Find out who Haile Selassie I was and how he's connected to Bath	Find out who Haile Selassie I was, how he's connected to Bath and what he's famous for	Find out who Haile Selassie I was, how he's connected to Bath and what he's famous for
Native Food	Taste Injera - an Ethiopian flatbread	Taste some Ethiopian food including Injera	Attempt to make Injera and compare it to store bought	Make an Ethiopian meal involving Injera and taste it
Meskel - Ethiopian Holiday	Celebrate Meskel by singing and dancing round a campfire	Celebrate Meskel by singing and dancing round a campfire	Celebrate Meskel by topping a fire with crosses and flowers and singing and dancing round it	Celebrate Meskel by topping a fire with crosses and flowers and singing and dancing round it
Languages	Learn to say hello and goodbye in Amharic	Learn to say hello and goodbye in Amharic and one other Ethiopian language	Learn to say a sentence in Amharic and hello and goodbye in one other Ethiopian language	Learn to say a sentence in Amharic and hello and goodbye in two other Ethiopian languages
Time	Make an Ethiopian calendar	Make an Ethiopian calendar and decorate it with dot painting	Make an Ethiopian calendar, decorate with dot painting and investigate the way they tell time	Make an Ethiopian calendar, decorate with dot painting and investigate the way they tell time
Greetings	Greet everyone in your unit in the traditional Ethiopian manner	Greet everyone in your unit in the traditional Ethiopian manner	Greet everyone in your unit in the traditional Ethiopian manner and investigate it's origins	Greet everyone in your unit in the traditional Ethiopian manner and investigate it's origins

Further Details & Instructions

Roman Oil Lamp

You will need: Air drying clay, A piece of kitchen towel Some olive oil

First make the base of the lamp - take a lump of the clay and roll it out until it about a cm thick. Keeping the bottom of the lamp circular, start pinching up the sides until it start to look like a small circular bowl. Then you can pinch one side together to make the spout.

Next tool out another circle to make the lid. Decorate it and make a hole to pour the oil into. We did this using a felt tip pen. Cut the circle to fit the size of the lamp then use plenty of water and stick the two pieces together.

Attach a small piece of clay to the lamp to make the handle and let the lamp dry out for a couple of days.

Once it is dry you can try it out! take a piece of kitchen roll the length of the lamp base - roll and twist it into a thin rope. This will be the lamp wick which draws the oil out of the lamp. In Ancient Rome rolled up linen was often used in a similar way.

Pour some olive oil into the hole in the top of the lamp and wait a while until you can see it soaking into the wick. You can now light the wick.

Finished - this is the perfect light to use at a Roman feast.

Further details can be found at: <http://timetravellerkids.co.uk/uncategorized/make-roman-oil-lamp/>

Roman Serpent Bracelet

Romans loved jewellery and solid gold bracelets and rings were often worn by women.

Bracelets in the form of snakes were very popular and it was thought that the were worn for protection as they would ward off evil.

They were often worn in pairs around the wrists or upper arms.

Here is a quick and easy way to make your very own serpent bracelets. You will need some toilet roll tubes, scissors and pencil and some gold paint.

1. Draw the outline of your snake gently spiralling around the outside of the tube.
2. Cut round the spiral shape
3. Decorate it. We used spray paint which is very quick but you could easily paint it with gold poster paint.
4. Wear it to your next feast

You could add further details with pencil or pen, or even add some gems or glitter glue.

Why not make a Roman gown to go with it?

Further information can be found at: <http://timetravellerkids.co.uk/news/how-to-make-a-roman-serpent-bracelet/>

Roman Villa: Instructions for making an effective Roman Villa can be found on the BBC website via the following link http://downloads.bbc.co.uk/history/handsonhistory/romans_villas.pdf

Ethiopian Greeting: they shake hands and gently knock their shoulders together, which is known as the “fighters’ salute” and traditionally was used as a greeting between those who fought in the Derg, the warrior group that came to power following the coup of Haile Selassie

Roman Honey Cakes Recipe:

1 x 250g packet of short-crust pastry

250g ricotta cheese

about 5 tablespoons of honey (according to taste)

First preheat the oven to 350°F/180°C/Gas 4. Lightly grease a 12 hole tart mould with a little butter or oil.

Roll the pastry out on a floured surface until it is nice and thin. Cut out some circles using a pasty cutter or an upside down glass. Press a circle in each hole of the tin.

Next, in a small bowl, gradually mix the honey into the ricotta. Keep tasting it until you think it has enough honey. Put a heaped teaspoon of the mixture into each of your tarts.

Bake in the oven until golden brown - approximately 15 - 20 mins.

Drizzle with some honey and decorate with some chopped nuts or toasted pine nuts (optional).

Wait until they are cool then try one!

These might have been served for dessert at a feast. You could put them on a plate with some grapes, figs and nuts and serve them at a feast of your own.

Further information can be found at: <http://timetravellerkids.co.uk/news/make-some-roman-honey-pastries/>

Hi Rebecca,

Thank you very much. We were rather unsure about the wording on the badge but it was approved by my County branding person as well. But I thought you might like to know that the sales should more than cover the costs for my own Exploration and what you've said is exactly what we intend to do with any further money raised from the challenge pack: give it to Division for a fund to support future candidates with their own Explorations/Expeditions. I have actually said so in the pack itself so that anyone completing the challenge will be aware of this. :-)

Thank you,

Steph

From: Branding Matters <BrandingMatters@girlguiding.org.uk>
To: 'Stephanie Shaw' <stephlshaw@btinternet.com>
Sent: Tuesday, 1 August 2017, 15:09
Subject: RE: Unofficial Challenge Badge

Hello

Thank you for contacting us. I can confirm that your badge does meet our Branding Requirements as it contains the name of the challenge, the name of your division and the correct trefoil.

Just to be clear however, normally the name on the badge should be the same as who the fundraising is for, as it is primarily for your Queen's Guide exploration, this is a little different, but I would suggest that as it is the division which is on the badge, then the funds raised should be going to your division, with the idea being that the money raised is used to help fund Queen's Guide Explorations for members in the division.

Good luck with your challenge.

Rebecca

Rebecca Marlow
Communications and PR Administrator

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Girlguiding is the leading charity for girls and young women in the UK. We build girls' confidence and raise their aspirations. We give them the chance to discover their full potential and encourage them to be a powerful force for good. We give them a space to have fun.