



The Lord Mayor's Show 2014

Supporters Pack

Introduction



Girlguiding Sussex East has put together this Supporters Pack to bring together all of the units across the county, to support the Lord Mayor's Show on 8th November 2014.

Each year Girlguiding London & South East England Region (LaSER) enters a float in the Lord Mayor's Show to showcase guiding to London and the world. This year it is Girlguiding Sussex East's turn to represent Girlguiding LaSER.

The pack is split into this year's shows four themes:

- Supporting People
- Giving Time
- Creating Wealth
- and London

We have bought them together, alongside the history of the Lord Mayor to provide a pack to be used in your unit or maybe as you travel up to London to see the show or for a day trip.

Badges can be bought to celebrate the show within your unit and to keep as a memento.

Have fun!

Supporting People



Dick Whittington, a previous Lord Mayor of London and a famous folklore story, supported the people of London by financing a number of public projects

- A drainage system in the poor areas of medieval London
- A hospital ward for unmarried mothers in St Thomas's Hospital

The Public Services support the City of London where necessary.



Public Service workers often have a distinct uniform.

Invite a member of the Public Services to talk to your unit about their role in the local area.

Many people enjoy sport and support a particular team. What sport do you like?

Make a road safety reminder to prevent us from needing the 999 services.

Decorate biscuit people in public service worker uniforms.



List all the football clubs that you can think of that are in London.

Many people enjoyed the Summer Olympics in London 2012

Organise a mini Olympics.



Dick Whittington donated money to St Bartholomew's Hospital, London

Practice First Aid skills within your unit.



The Royal National Lifeboat Institute is one of the emergency services that can be called when you dial 999.

Practice Water Safety skills.

Supporting People



The Royal British Legion

The First World War started on 4th August 1914 and ended on 11th November 1918, Armistice Day.

The Royal British Legion was set up after the First World War and the Poppy Appeal was launched in 1921. It helps the whole Armed Forces community through welfare, comradeship and representation as well as being the Nation's custodian of Remembrance, and the Poppy Appeal supports the work that they do.

The D day Landings happened on 6th June 1944.

Remembrance commemorations are happening in 2014 for the 100th Anniversary of the start of World War 1 & 70th Anniversary of the D Day Landings.

Learn about
The Poppy Appeal and
raise money for it



Make a reminder about
Remembrance Day

Make a Poppy to wear as
a mark of respect.



Attend a service of
Remembrance

Giving Time



Time is your most precious gift because you only have a set amount of it. You can make more money, but you can't make more time. When you give someone your time, you are giving them a portion of your life that you'll never get back. Your time is your life. That is why the greatest gift you can give someone is your time.

Rick Warren, *The Purpose Driven Life: What on Earth Am I Here for?*

Giving Time to the Community



The Queen has given most of her life to our country. As we think of the Queen. Make yourself a crown.

Members of the uniformed forces give their time to search buildings in London, prior to big events, to ensure everyone's safety.

Design your own shop or house.



Giving Time for others



If you are Rainbow can you keep your Promise?
If you are a Brownie can you keep the Brownie Law?
If you are a Guide can you keep the Guide Laws?
If you are a member of the Senior Section can you keep your Promise?



Take time for yourself and study the night sky

Many people make time for themselves by reading a book: read about something that you have never read about, use your kindle to read somewhere you have found difficult before, or try to read an autobiography

Giving Time to ourselves

Take time for yourself at the end of the Lord Mayor's Show to watch the fireworks.

- Make your own edible fireworks
- Make your own firework pictures

Giving Time



All sections of Girlguiding have in their programmes something about giving time for others and thinking about the community.

A Rainbow is beginning to understand the concept of 'love' when she joins Rainbows through her experiences of caring and sharing with family and friends, and being kind to others. And Rainbows Love is at the heart of the Rainbow jigsaw.

Part of the Brownie Adventure is all about community, and through activities surrounding community a Brownie develops her:

- understanding and awareness of the communities in which she lives
- level of practical action in those communities
- knowledge of how she can contribute to her communities
- understanding and awareness of her relationships with people in her communities
- enthusiasm to use her skills to contribute to her communities and to improve relationships.

As a Guide to achieve a Challenge badge a Guide must take part in some community activity that involves doing something for somebody else, and there is also a Community Action badge, which looks at the girls working on a specific project for people in the local community, the local environment, a worldwide issue, or in Girlguiding.

Within The Senior Section Programme there is an octant called Community Action badge which is all about Action for Others. The aim of this octant is for you to make a positive difference in your community, be it your immediate community or the wider global community.

Try some of these activities to look at how you might give time to others.

Recycling

How good are you at recycling in your house?
Do you know what can be recycled and what is rubbish?

Have an evening when you have a recycling activity.

Fundraise for a worthy cause

Use a Rainbow chat, Brownie Pow-wow, Guides Patrol Leaders Council, Senior Section planning meeting to organise a time to give to others.



Prepare information that will be useful to another unit to run their programme eg information for a badge, activity or a song.

This can be a video, website, scrapbook or a cd.

Creating Wealth



The City of London has a long-standing commitment to giving money it continues to have a positive impact on the lives of some of the most disadvantaged people living in and around the City, not to mention those living further afield: across London, the UK and indeed the world.

Knowledge is Wealth

Learn more about the Lord Mayor of London & the Lord Mayor's Show by taking part in a quiz

1. Who are the wicker giants that are traditional guardians of the City of London?
2. How did Dick Whittington earn his fortune?
3. How many times was Dick Whittington Lord Mayor of London?
4. What is the name of the coach that the Lord Mayor travels in during the show?
5. What part of London does the Lord Mayor represent?
6. What is the name of the Lord Mayor's hat?
7. When is the Lord Mayor's Show?
8. Is Remembrance Day recognised in the Lord Mayor's Show?



Learn more about guiding, by completing a guiding wordsearch

S	L	A	S	E	B	S	C	K	E	U	R	T	E	K
P	E	M	C	A	I	A	E	R	Q	O	W	E	N	N
W	J	N	D	T	M	N	U	X	U	A	O	A	C	U
O	P	G	I	P	I	T	W	N	I	G	B	M	O	F
L	E	I	F	O	N	V	D	O	N	S	N	W	U	T
S	E	I	H	E	R	A	I	I	R	L	I	O	R	S
V	R	A	V	S	B	S	G	T	F	B	A	R	A	A
E	P	D	D	O	D	N	E	A	Y	F	R	K	G	E
W	A	I	U	E	I	N	A	C	E	T	X	X	E	X
X	N	T	O	S	R	C	E	Z	T	K	D	E	M	E
T	S	P	B	V	Q	P	L	I	V	I	G	B	E	S
S	T	I	R	O	F	O	G	N	R	O	Y	N	S	
P	A	T	R	O	L	S	L	D	R	F	P	N	T	U
C	H	A	L	L	E	N	G	E	D	I	U	G	S	S
R	E	D	A	E	L	G	N	U	O	Y	V	H	Q	E

Can you find the following words in the grid:

ACTIVITY
ADVENTURE
BADGES
BROWNIE
CAMPFIRE
CHALLENGE
ENCOURAGEMENT
FRIENDSHIP
FUN
GOFORITS
GUIDE
LEADER
PATROLS
RAINBOW
ROUNABOUTS
SENIORSECTION
SINGING
SIXES
SUSSEXEAST
TEAMWORK
YOUNGLEADER

Take part in a picture quiz to identify the areas in our County of Girlguiding Sussex East

Magog and Gog are the City of London historical Guardians. They are made out of wicker.

Make a wicker basket, woven placemat or woven heart.



Fundraising for ourselves
Take part in a fundraising quiz
Get each patrol/six to create a set of questions to be part of the quiz.



Creating Wealth



Wealth of The Thames

Within the Thames there are a number of species of fish including salmon and trout.

Make a fortune fish, share your wishes with your six/patrol and unit



Play the flappy fish game with your six/patrol or against another six

Pearly Kings and Queens are an old tradition in London

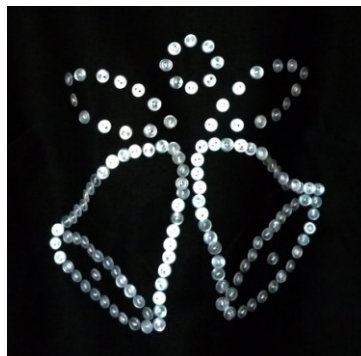
Design an outfit that a Pearly King or Queen would wear

Sew buttons onto fabric in a simple shape, or as tricky as you fancy.



Make your own design (here are some examples)

Sew buttons on in a shape
Or, even make a hat!



London



London is the capital city of England and the United Kingdom of Great Britain and Northern Ireland. Standing on the River Thames it has been a major settlement for two millennia, its history going back to its founding by the Romans. Its ancient core is the City of London, and the Lord Mayor is head of the City of London Corporation.

Dick Whittington is famous through pantomime, but he was based on an actual Lord Mayor of London - Richard Whittington who was Lord Mayor four times.

Read the story of Dick Whittington and enact a part out with your Six/Patrol. See if any of the Sixes/Patrols recognise which part of the story you are acting out.

Dick Whittington famously carried a hanky on his shoulder.

What five items would you take with you to London, in your hanky?

Design a hanky to take with you on a trip to London

Dick Whittington had a trusty cat that killed all the rats and mice in his room.

Make yourself a cat mask

Dick Whittington 'turned again' when he heard 'Bow Bells'.

Play hot potato



Take a look at some car magazines and decide which car you would like to buy and let others in your Patrol/Six know

The Lord Mayor's Procession today is over three and a half miles long and includes floats from businesses, and charities in the City of London. Throughout the parade the current Lord Mayor sits in a Stage coach pulled with horses.

Make and design a horse shoe

London's historical guardians are called Magog and Gog and have been carried in the procession since Henry V.

Design a guardian or mascot for your Unit.



Supporting People Resources



Public Services often include:

Electricity	Public Broadcasting	Telecommunications
Education	Public Library	Town Planning
Environmental Protection	Public Security	Waste Management
Fire Services	Public Transport	Water Supply Network
Gas	Public Housing	999 Services
Health Care	Social Service	Telecommunications

Biscuit People

Biscuit people - Brownie Adventures - Friendly Food p48

Road Safety reminder - A World of Ideas - p87 Road Safety

Water Safety

Brownie - Brownie Badge book

Guide - Guide Badge book

<http://rnli.org/safetyandeducation/teachersandyouthleaders/resources/downloadresources>

First Aid

1st Response book

Rainbow - 1st response book shows slings

Brownie & Guide First Aid badge resource -

<https://www.teachthedifference.org.uk/TTD/teaching-resources/courses-for-brownies--guides.aspx>

Poppy Appeal

Poppy Appeal - www.poppyappeal.org

How to make a Poppy

You will need

Red crepe paper

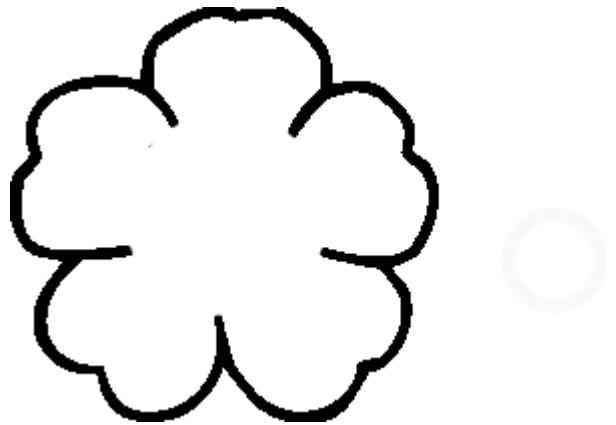
Green pipe cleaner (stalk)

Black paper

Scissors

Pencil

Glue



The petals:

Cut out the poppy shape as shown in **above**

Place this shape on red crepe paper and trace around it with a pencil.

Cut out the red poppy shape and set aside.

The stalk:

Take a pipe cleaner and bend the end over twice at 1cm lengths so that it looks like

Push the straight end of the pipe cleaner through the middle of the red poppy and continue to thread it through until the bent end sits against the middle of the poppy.

Set aside.

The centre:

Cut a small circle out of the black paper and glue onto the centre of the poppy. It should secure the pipe cleaner to the crepe paper.

Bend and shape pipe cleaner and poppy petals as you like.

Remembrance reminder

You will need

A wooden clothes peg

Red card

Glue

Black marker pen

Scissors

Photo

Instructions

Cut a red poppy out of the red card

Draw a black centre to the poppy

Stick the poppy to one of the top sides of the clothes peg

Use the marker pen to write 'remember' on the bottom side of the clothes peg

Football Teams

Arsenal	AFC Wimbledon	Chelsea	Crystal Palace	Fulham
Millwall	Queens Park Rangers	Tottenham Hotspur	Wembley	West Ham United

Olympic games -ideas

See On your marks p40 & p41

Or

Ideas for sports

Skipping	Running	Sack Race	3 legged race
Relay	Welly throwing/ sock throwing	Relay	Hopping

Giving Time Resources



How to make a crown:

Scissors

1 A4 sheet of cardboard

Stapler/sellotape

Jewels

Instructions

Fold the A4 sheet of card into 4 equal strips lengthways and cut down the folds. (this will give you 4 strips)

Staple strips 1 & 2 to make a band around the head

Staple strip 3 to 1 side of the band & then bend it over the band & staple it to the other side of the band

Staple strip 4 to the opposite side of the band and bend it over the band & staple it to the other side of the band

Decorate the crown with the jewels

How to make your own shop or house

Either:

- Make a design using a computer
- Use paper to draw your design
- Use a shoe box to make a 3D model

Firey fun

Fire can be dangerous. Here are some fun firey activities where you won't get burnt!

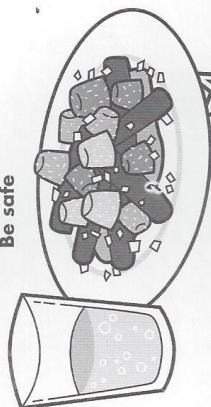
The Firework Code

Fireworks are beautiful to look at but can be very dangerous. Make a poster about the Firework Code.

- An adult must be in charge of the fireworks.
- Always keep fireworks in a closed box and use them one at a time.
- Never have a naked flame near a firework. Use a torch to read the instructions.
- Never return to a firework once it has been lit, even if it doesn't seem to be working.
- Never put fireworks in your pocket.
- Never throw fireworks.
- Always wear gloves when you're holding sparklers and hold them at arm's length.
- Never wave sparklers close to other people.
- Never give sparklers to very young children.
- When a sparkler is finished, put it burnt end first in a bucket of cold water. The burnt end stays hot for a long time and will burn you if you touch it.
- Make sure all pets are safely indoors.

Never play with fire - it's not a toy!

Be safe



Safe sparklers

You need

chocolate sticks ★ bowl of warm water ★ hundreds and thousands

Quickly dip one end of a chocolate stick into the water. Then dip it into the hundreds and thousands.

Sweet flames

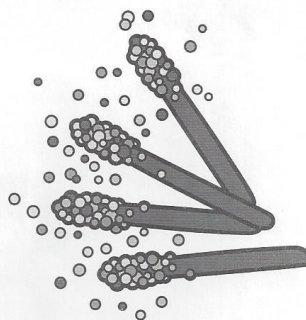
You need

marzipan ★ red food colouring ★ plate ★ chocolate fingers ★ red, yellow and orange sweets ★ desiccated coconut ★ glass of lemonade

- 1 Drop some food colouring onto the marzipan to make it red. Place it on the plate.
- 2 Use the chocolate fingers as 'logs'. Drop red, yellow and orange sweets on the 'fire' for flames and heat.
- 3 Sprinkle the coconut over the fire to look like ash.
- 4 Remember to have a glass of lemonade nearby in case the fire burns out of control!

Spark ideas

Make up a poem, song, short play or dance using some of these words as ideas:
bang ★ colourful ★ crackle ★ fire ★ hot ★ loud ★ rocket ★ sparks ★ stars



INSTANT CHALLENGES FIREY FUN

Firework pictures

To make firework pictures you will need

Sheet of white paper

Coloured wax crayons

Black wax crayons

Instructions

Colour the piece of paper totally with mixed wax crayon colours

Colour wax crayon with the black wax crayon

Using the lollystick scratch your firework design through the black wax crayon, to give you the colour below

Or make pictures with coloured chalks on black paper:

You will need:

Black sugar paper

Coloured chalks

White chalks

Use the chalks to draw fireworks

Constellations in our sky

Brownie Adventures book - Super Stars p54 & p55

Guide - Badge http://downloads.bbc.co.uk/tv/guides/bbc_stargazing_live_activity_pack.pdf

Promise Resources

In addition to keeping your Promise & Laws to help others:

Learn your Promise in Makaton -

www.girlguiding.org.uk

Home »Members' area & Go! »Running your unit »Members with additional needs »Guidance »Hearing Impairment »Signing the Promise

Junk modelling - remember to recycle anything not used in the model

Challenge other sixes/patrols to identify:

What can be recycled & how

Recycling symbols - resources

Preparing Information

Guide resource - Let's hear it for music - Make your own cd p40

Ensure those involved are aware of online safety and have read the web safe guidance on www.girlguiding.org.uk

Sample budget guidelines for talent shows and information about Performing Rights Society can be found on www.girlguiding.org.uk

Fundraise for a worthy cause

Raffle

Sponsored skip,

Sponsored silence,

Sponsored skate

Tombola

Time for Others

Possible ideas:

Helping at your local church fayre

Handing out leaflets at an event

Making refreshments at a Community event

Entertain at a local warden control home

Creating Wealth Resources



Lord Mayors Quiz Answers

1. Gog & Magog
2. Dick gave his cat to Mr Fitzwarren to put on his ship. When the ship arrived at its destination the cat was given to the King of Barbary. The cat cleared all the mice in the King's Palace and the King was so pleased that he purchased the cat.
3. Four times
4. State coach
5. He is the Lord Mayor for the City of London. The Mayor of London however, is the elected head of the Greater London Authority
6. Tricorne
7. The 2nd Saturday in November
8. If the show is the same weekend as Remembrance Sunday then it starts with 2 minute silence

Picture Quiz Answers

1. Hove
2. St Leonard's
3. Sheffield Park
4. Hastings
5. Dieppe
6. 1066
7. King George IV
8. Bluebell
9. June 16th
10. Sussex martlets

Flappy Fish Game

You will need newspapers

Cut a fish shape out of a piece of newspaper. Then the six/patrol wafts the fish along the floor. The first fish across the finish line wins

Fortune fishes

Cut fish shapes out of tin foil/sweet wrappers

You will need

scissors, tin foil, sweet wrappers, large coloured (blue) paper for pond

Girls write on the fishes the positive wishes/fortunes they would like to give eachother. Put all the fishes into a pond (piece of paper) and one by one pull out the positive wishes for one another.

Sussex East Picture Quiz



1 - What Guiding Division beginning with H has these beach huts?



2 - Which town has a set of flats built in the design of a liner?



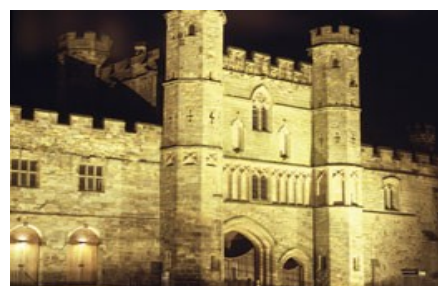
3 - Where are these beautiful colours?



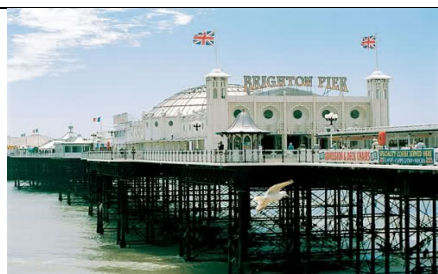
4 - Where is the funicular railway?



5- What port in France can you get to from this local ferry port?



6- What year was the Battle of Hastings?



7 - Which King made Brighton famous as a Health Spa?



8 - This train runs from a local station - what is the name of the flower in the station's name?



9 - Winnie the Pooh is celebrated in Hartfield Sussex. When is Sussex Day celebrated?



10 - What are the heraldic swallows called on our County badge?

Gingerbread men for Fundraising Recipe

You will need:

- Lined trays with grease proof paper
- 140g unsalted butter
- 100g dark muscovado sugar
- 3 tbsp golden syrup
- 350g plain flour
- 1 tsp bicarbonate of soda
- 2 tsp ground ginger and 1 tsp ground cinnamon
- 2 balls stem ginger from a jar, chopped

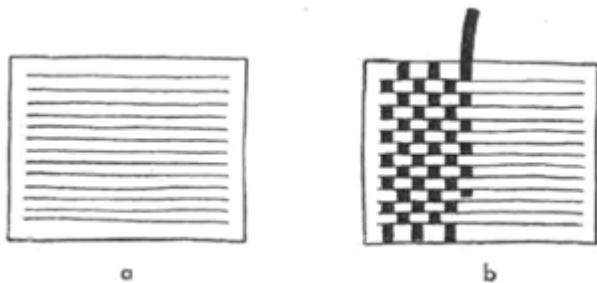
Instructions:

Heat oven to 200C/180C fan/gas 6. Line 2 baking sheets with grease proof paper. Melt the butter, sugar and syrup in a pan. Mix flour, soda, ginger and cinnamon and a pinch of salt in a bowl. Stir in the butter mix and chopped ginger to make a stiff-ish dough.

Wait until cool enough to handle, then roll out dough to about 5mm thick. Stamp out gingerbread men, re-rolling and pressing the left overs back together and rolling again. Lift onto baking sheets. Bake for 12 mins until golden. Cool 10 mins on the sheets, then lift onto cooling racks.

To decorate, mix icing sugar with a few drops of water until thick and smooth. Halve then slice cherries thinly to make smiles, and cut ginger into small squares. Spoon icing into a food bag, snip off the tiniest bit from one corner, then squeeze eyes and buttons, and a tiny smile onto 1 man at a time. Stick on a cherry smile and ginger buttons. Or whatever sweet things you fancy. These will keep up to 1 week in an airtight container.

Woven Place Mats



You will need 2 colours of paper. On one of the pieces of paper you will draw lines all a half inch apart on a piece of paper (from short end of paper to other side of short end of paper)...with a ruler so that they are perfectly straight. Then Fold the paper in half the short way so that you can cut the lines out more easily. Then you will draw lines from long side of paper to other side of long side of paper and draw lines a 1/2 apart. These will be the strips of paper that you will weave with. Then push one of the paper strips and push it into the cut the first cut line and up through the next cut line and then down the next cut line and up through the next cut line, and so forth. Next strip of paper goes down (instead of up) thru the first cut line ... the opposite of the original piece of paper. This is weaving at its simplest. Push each weaved strip down as close as possible to the previously weaved strip of paper. Finish off the placemat with contact paper or laminate it.

London Resources



Design a unit guardian

You will need paper, pens and colouring pencils. Maybe a scrap piece of paper each to brainstorm ideas first as a six/patrol. Discuss and decide as a unit what factors and desirables are to be included for your unit guardian. Perhaps use a Pow Wow or Guides talk about it in their Patrols.

Promise Activities

See the Girlguiding website for activity ideas on the Promise

https://www.girlguiding.org.uk/members_area_go/resource_library/unit_leader_resources/the_promise.aspx

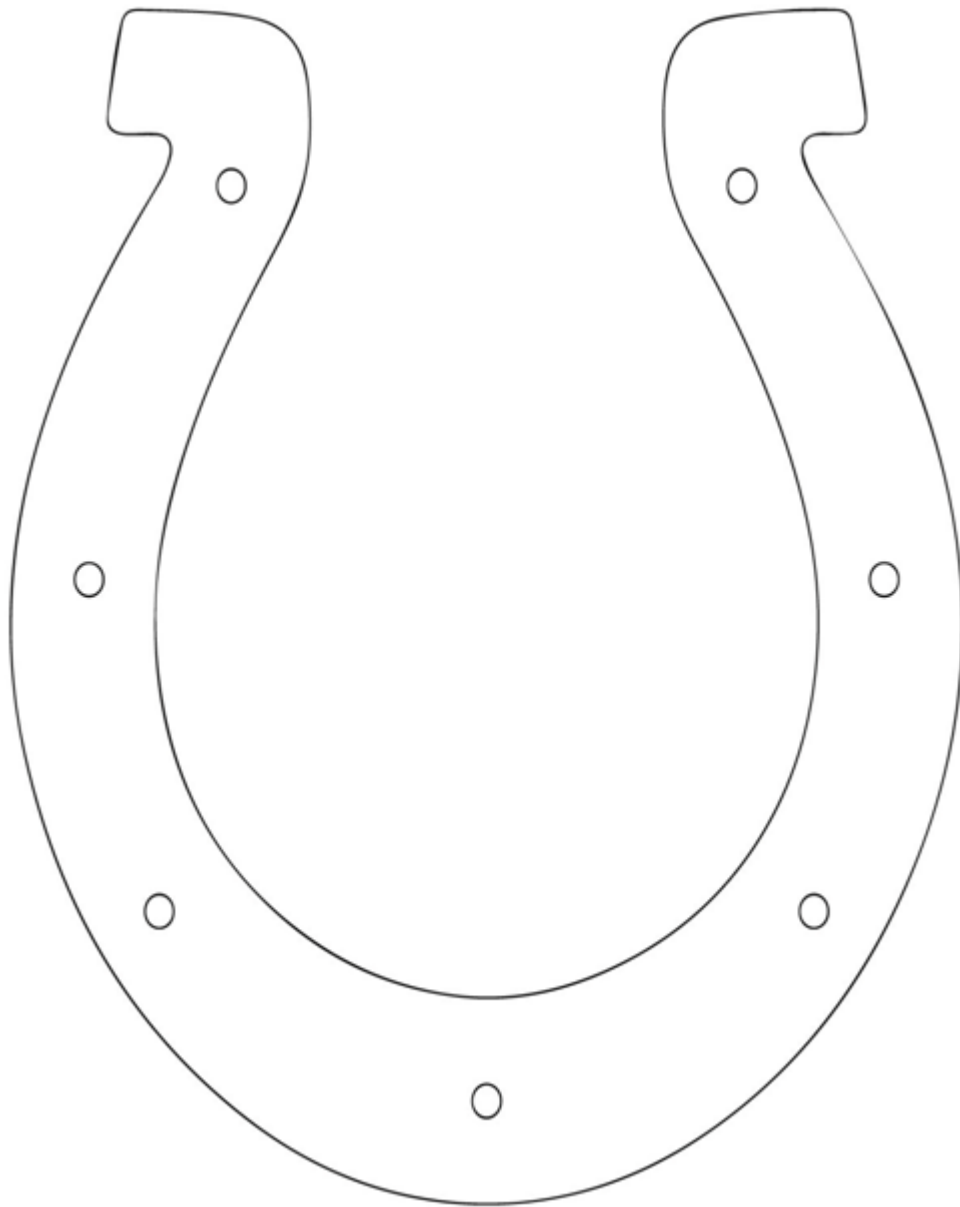
Hot Potato

Pass a potato around the circle whilst the following is sung to the tune of London Bridge is falling Down:

Hot potato pass it on, pass it on, pass it on,
Hot potato pass it on, get rid of that hot potato

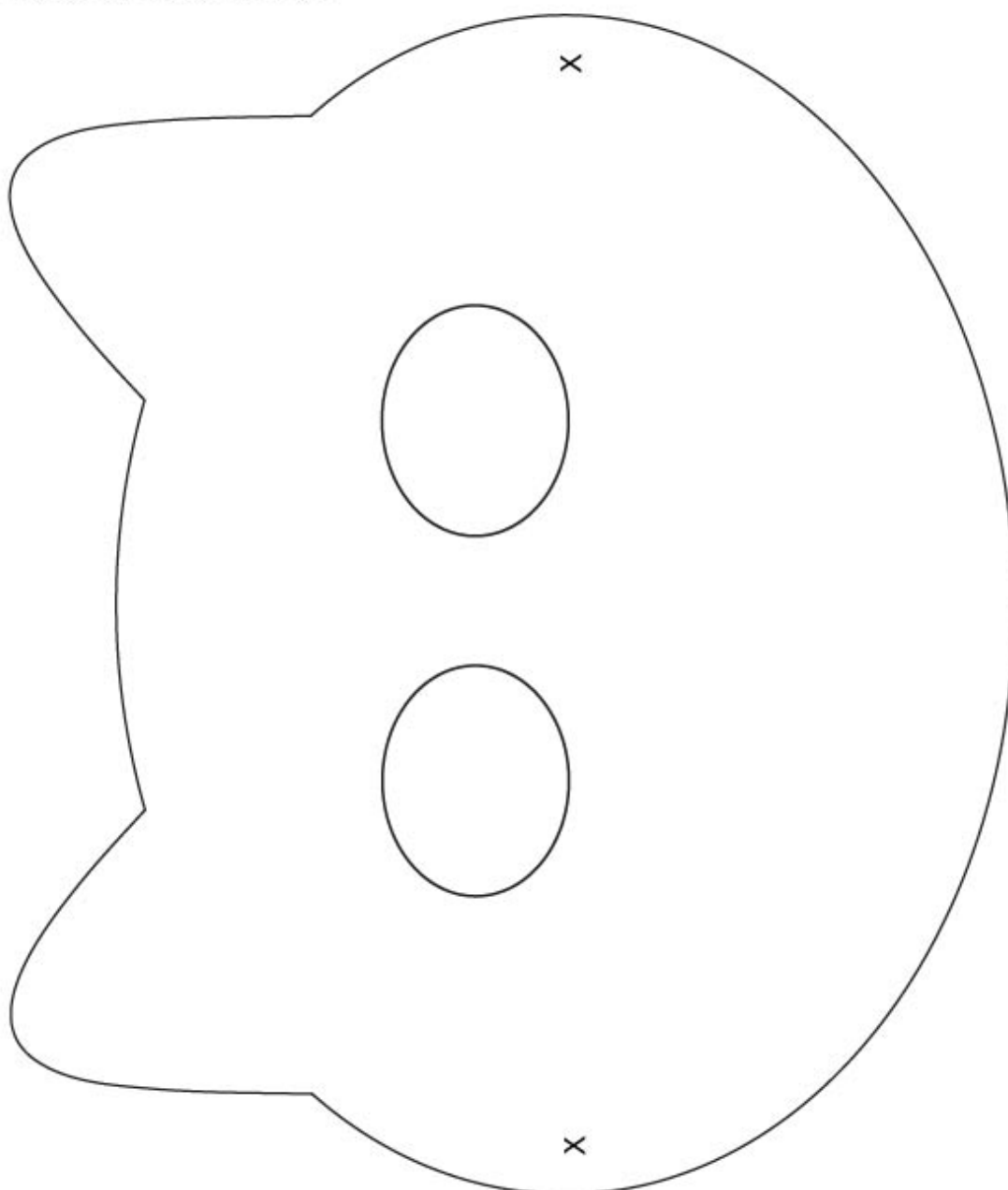
At the end of the song the Leader claps a short rhythm. The girl holding the potato should clap it back

Design your own horse shoe



Design your own cat mask

Cat mask



The Story of Dick Whittington and his Cat



A long time ago there was once a poor boy called Dick Whittington who had no Mummy and Daddy to look after him so he was often very hungry. He lived in a little village in the country. He'd often heard stories about a far away place called London where everybody was rich and the streets were paved with gold.

Dick Whittington was determined that he would go there and dig up enough gold from the streets to make his fortune. One day he met a friendly waggoner who was going to London who said he would give him a lift there, so off they went. When they reached the big city Dick couldn't believe his eyes, he could see horses, carriages, hundreds of people, great tall buildings, lots of mud, but nowhere could he see any gold. What a disappointment, how was he going to make his fortune? How was he even going to buy food?

After a few days he was so hungry that he collapsed in a ragged heap on the doorstep of a rich merchant's house. Out of the house came a cook:

"Be off with you" she shouted "you dirty ragamuffin" and she tried to sweep him off the step with a broom.

At that moment the merchant arrived back at his house and, being a kindly man, took pity on poor Dick.

"Carry him into the house" he ordered his groom.



When he was fed and rested, Dick was given a job working in the kitchen. He was very grateful to the Merchant but, alas, the cook was always very bad tempered and, when no one was looking, used to beat and pinch him. The other thing that made Dick sad was that he had to sleep in a tiny room at the very top of the house and it was full of rats and mice that crawled all over his face and tried to bite his nose.

He was so desperate that he saved up all his pennies and bought a cat. The cat was a very special cat, she was the best cat in all of London at catching mice and rats. After a few weeks Dick's life was much easier because of his clever cat who had eaten all the rats and mice and he was able to sleep in peace.



Not long after, Dick heard the merchant asking everyone in the house if they wanted to send anything on board his ship they thought they could sell. The ship was going on a long voyage to the other side of the world and the captain would sell everything on the ship so they could all make some money. Poor Dick, what could he sell?

Suddenly, a thought came to him

"Please sir, will you take my cat?"

Everyone burst out laughing, but the merchant smiled and said:

"Yes Dick, I will, and all the money from her sale will go to you".

After the merchant had left from the city Dick was on his own again with the mice and rats crawling over him by night and the cook being even nastier in the day because there was no-one to stop her. Dick decided to run away.

As he walked away the bells of all the churches rang out and seemed to say:

“Turn again Dick Whittington
Three times Lord Mayor of London”

“Goodness, gracious, gosh” thought Dick astonished. “If I’m going to be Lord Mayor I’d better stay. I’ll put up with cook and the scurrying mice and rats, and when I’m mayor I’ll show her!”

So back he went.

Across the other side of the world, the merchant and his ship had arrived at their destination. The people were so pleased to see them and were so welcoming that the merchant decided to send some presents to their king and queen. The king and queen were so delighted that they invited them all to a feast. But, believe it or not, as soon as the food was brought in hundreds of rats appeared as if by magic and gobbled it all up before they had a chance to eat.

“Oh dear” said the king “this is always happening - I never get a chance to eat my apple pie. What can I do?”

“I have an idea” said the merchant “I have a very special cat which has travelled with me all the way from London, and she will gobble up your rats faster than they gobbled up your feast.”

Sure enough, to the king and queen’s joy, the next time a feast was prepared and the rats appeared, the cat pounced and killed all the rats as quick as lightening.

The king and queen danced for joy and gave the merchant a ship full of gold in return for the very special cat.

When the ship returned to London Dick was overwhelmed with the amount of gold the merchant gave him for his cat. Over the years he used his money so wisely, and did so much good for all the people around him and who worked for him, that he was elected Lord Mayor of the City of London three times. But he never forgot his kind friend the merchant, who had been so honest in giving him all the money that the cat had earned and kept nothing for himself. When Dick grew up he fell in love with Alice, the merchant’s beautiful daughter, and married her. They lived happily ever after as people do in stories.

“Turn again Dick Whittington
Three times Lord Mayor of London”

They were right you see.